

LEADERS OF CHANGE



Leaders of Change (LoC) is a 9 days training course for those already leading either groups or volunteers, who want to improve their performance, based upon the principles of self-awareness, resourcefulness and accountability.

The main methodology used will be personal development and self-reflection, which means that we will be focusing mainly on your mindset/attitudes rather than providing you practical skills or models.

The training course will take place in Adamov u Brna, Czech Republic, from the 6th to 16th of April 2022 (travel days included).



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THE TRAINING IS HERE FOR YOU TO:

- Reflect on the role of leadership and explore your own attitudes, approach and inner motivation for your work with volunteering.
- Realize how your mind-set influences your behaviours, the results you get and the relationships you have with other people in your working context.
- Acquire models and tools to align yourself with your core values, while being more inclusive towards others and unexpected situations.
- Put your experience into practice and multiply among your colleagues and target groups.



Please note that this is NOT a skills/tool oriented training, but it rather focuses on personal development and self-reflection.

WHO CAN APPLY?



The training is intended for participants, who:

- Are planning to lead a project or a workcamp in 2022/23 and ideally have been to or are planning to go to regular skills oriented project or workcamp leaders trainings.
- Have ideally participated in at least one workcamp as participants, previous experiences with leading a workcamp or other type of project are welcome, but not required.
- Are at least 18 years old and can communicate in English.
- Are willing to work on their personal and professional development.
- Are able to participate fully at the programme from the beginning till the end.

WHAT EXPERIENCE CAN YOU EXPECT?

LoC is divided into 3 main parts:

Self-Reflection (Day 1 to 5)

During these days the participants will have the opportunity to get a better and deeper understanding on how and why they lead people and how this affects the results they obtain, and they can maintain what works and improve what doesn't. Shortly: the participants will have the opportunity to look into the relationship between beliefs, concepts, automatic behaviours, teamwork and decision making. They will do so through input, activities and reflection spaces.

Submersion/Real life implementation/Outdoor (Day 5 to 8)

The best way to transform theory into knowledge is to practise in a real life situation or context. Participants will have several assignments to complete in the local communities around the venue where they can put into practice the knowledge, skills and attitudes acquired throughout the previous days of the TC.

Final steps (Day 8 & 9)

These last 2 days are there to wrap up the learning experience of the TC, in such a way that the insights can be taken home in a structured manner, to plan follow up steps and close the TC together.

THE WORKING APPROACH OF THIS TRAINING:

The Leaders of Change is not the regular training you might be used to when it comes to non-formal education/Erasmus+.



[Click here to read about the methodology](#)

TRAINERS

> AFONSO BÉRTOLO

Afonso is a worldwide freelance educator, with a Master Degree in Clinical Psychology. Since 2009 he has been actively involved in non-formal education, youth work and community building in Europe and West Africa. His main areas of work are personal development, coaching with a strong focus on body awareness, EVS mentoring, inclusion of fewer opportunities, communication, media as an educational tool and project management.



> VIKTÓRIA CSÁKÁNY

Viktoria comes from Hungary and she has solid experience in coaching and personal development. For 9 years she has worked on training courses in the topic of communication, coaching, entrepreneurship, youth work. In the last 5 years, she has been specialized herself on personal development and group coaching with NLP and life coaching background.



PRACTICAL INFORMATION:

INEX-SDA will arrange the boarding (we will bring participants to the venue from an easy to reach meeting point), accommodation (with 2-5 bedded rooms and access to facilities), food (prepared according to individual dietary requirements).



It is **necessary to participate from the beginning of the TC till the end, no late arrivals / early departures.**

There is **60€ contribution fee** from each participant. If you are very interested in participating, but this fee is too high for you, let us know.

We will reimburse the travel costs of the participants after they complete the training course up to the lump sum amounts in Erasmus+ rules. Do not buy any tickets before we confirm your participation!

More detailed information on the venue and logistics will be included in the confirmation letter that will be sent to participants after we confirm their participation for a concrete training.

ORGANIZATIONS INVOLVED:

The training is coordinated and hosted by:
INEX-SDA - Czech Republic

In close cooperation with:
EGYESEK – Hungary

Other partner organizations:

ESTYES - Estonia

ALLIANSSI - Finland

SOLIDARITES JEUNESSES - France

ELIX - Greece

IBO - Italy

CID - North Macedonia

SPW - Poland

ROTA JOVEM - Portugal

MLADI ISTRAZIVACI SRBIJE - Serbia

INEX-SLOVAKIA - Slovakia

ZAVOD VOLUNTARIAT - Slovenia

ASOCIACION BUILDING BRIDGES – Spain

In case you come from a different EU country, we can find a solution – therefore, fill out the application form even if your country is not listed above.

In case you have questions for the nature or programme of the training, don't hesitate to contact the project coordinator:



Veronika Marková

veronika.markova@inexsda.cz

HOW TO APPLY:

If you want to apply, please, fill in this

 **APPLICATION FORM**

The sooner you apply, the higher chance you will be accepted.

You will know on time if you were selected, so you will have enough time to arrange the travel and get ready for the training course!



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