



Program profile (2012) UVIKIUTA - TANZANIA

Introduction

UVIKIUTA, in the United Republic of Tanzania, would like to welcome you to participate in 2012 *International Volunteer Projects*. The program can provide a unique, challenging and fulfilling experience not only for you as volunteers, but also for the host families, work placements and community members involved. We regard this program as a learning experience, and you can only realize this idea through your positive participation.

As you probably know by now, there are many actors involved in the program: from you as a volunteer, the host family, the work placements and the community, to our dedicated project leaders (who supervise the teams while in the community), our partner organizations (who work in close conjunction with us in the program) and our support staff at UVIKIUTA's office. All of us share a common vision: "to provide young people and volunteers with a unique non- formal educational experience that for many is life-changing, to increase their involvement in the community and foster their active participation in the pursuit of social justice and a sustainable society"

We would like to request you to go through this document, since the information it contains, while very basic, is also very important for the success of your experience in our volunteer program in Tanzania. More information will be later provided through the project's detailed information sheet, as well as during the volunteers' orientation camp that will be held on your arrival to the project community. Your project leader, work placement staff and host families will be also there all the time to provide you information and support throughout the journey. You are not alone!

SECTION A: UNITED REPUBLIC OF TANZANIA PROFILE

- ◆ **Capital:** Dodoma
- ◆ **Largest City:** Dar es Salaam
- ◆ **National Language:** Swahili and English
- ◆ **Total Area:** 945,203 km²
- ◆ **Population:** 43,739,000 (2009 estimate); 37,445,392 (2002 census)
- ◆ **Currency:** Tanzanian Shilling (Tsh)
- ◆ **Time Zone:** EAT (UTC+3)
- ◆ **Weights and Measures:** Metric system
- ◆ **International Dialing Code:** +255
- ◆ **Cars drive on the:** Left

Regions

Tanzania is divided into 30 administrative regions, twenty-five on the mainland and five in the island of Zanzibar. Regions are subdivided in districts, created to further increase local authority; in addition, within each district there are one or more councils, also known as *local government authorities*.



Geography

Tanzania is mountainous in the northeast, where Mount Kilimanjaro, Africa's highest peak, is situated. To the north and west there are two great lakes: Lake Victoria (Africa's largest lake) and Lake Tanganyika (Africa's deepest lake,

known for its unique species of fish). Central Tanzania comprises a large plateau, with plains and arable land. The eastern shore is hot and humid, with the island of Zanzibar lying just offshore.

Climate

Tanzania has a tropical climate. In the highlands, temperatures range between 10°C and 20°C during the cold and hot season respectively. The rest of the country presents temperatures rarely falling lower than 15°C. The hottest period extends from November to February (25°C to 31°C), while the coldest one occurs between May and August (15°C to 20°C). Tanzania has two major rainfall seasons, from October to December and from March to May.

Environment

Tanzania has considerable wildlife habitat, including much of the Serengeti Plain. It is renowned for the „Big Five“ : lions, leopards, elephants, rhinos, and buffalos. Tanzania is also home to 130 amphibian and over 275 reptile species, many of them strictly endemic.

History

Tanzania is probably one of the oldest continuously-inhabited areas on Earth; fossil remains of humans and pre-human hominids dating back over two million years have been found.

Travelers and merchants from the Persian Gulf and Western India have visited the East African coast since early in the first millennium A.D. Islam was practiced on the Swahili coast as early as the eighth or ninth century. Claiming the coastal strip, Omani Sultan Seyyid Said moved his capital to Zanzibar City in 1840. During this time, Zanzibar became the center for the Arab slave trade. Between 65% and 90% of the population of Arab-Swahili Zanzibar was enslaved. One of the most famous slave traders on the East African coast was Tippu Tip, who was himself the grandson of an enslaved African.

In the late 19th century, Imperial Germany conquered the regions that now form Tanzania (except Zanzibar), Rwanda, and Burundi, and incorporated them into German East Africa. The post-World War I treaties and the League of Nations charter designated the area a British Mandate, except for a small area in the northwest which was ceded to Belgium and later became Rwanda and Burundi.

British rule came to an end on 9 December 1961, after a relatively peaceful transition to independence. In 1954, Julius Nyerere transformed a social organization into the politically-oriented Tanganyika African National Union (TANU). TANU's main objective was to achieve national sovereignty for Tanganyika. After the Zanzibar Revolution overthrew the Arab dynasty in neighboring Zanzibar, which had become independent in 1963, the island merged with mainland Tanganyika to form the nation of Tanzania on 26 April 1964.

Politics

Tanzania's President and National Assembly members are elected concurrently by direct popular vote for five-year terms. The President appoints a Prime Minister, who serves as the Government's leader in the National Assembly. The President appoints his/her cabinet from among the National Assembly members.

Zanzibar's House of Representatives has jurisdiction over all non-union matters. In particular, it can make laws for Zanzibar without the approval of the Union Government, as long as they do not involve union-designated issues. The terms of office for Zanzibar's President and House of Representatives also are five years. The semiautonomous relationship between Zanzibar and the union is a unique system of Government.

Economy

The economy is mostly based on agriculture, which accounts for more than half of the GDP, provides (approximately) 85% of exports, and employs around 80% of the workforce. Topography and climate, though, limit cultivated crops to only 4% of the land area.

Industry is mainly limited to processing agricultural products and light consumer goods. The nation has vast amounts of natural resources, including natural gas, gold, diamonds, coal and other minerals. Extraction of natural gas began in the 2000s. Gas is drawn into the commercial capital, Dar es Salaam, and exported to various markets overseas. Tanzania is the third-largest producer of gold in Africa after South Africa and Ghana, and is also known for the Tanzanite gemstones, which cannot be found in any other country.

Tanzania has dozens of beautiful national parks, as the world-famous Serengeti or the Ngorongoro Conservation Area, just to mention two of them. The income these parks (and, in general, the tourism sector) generate plays a vital role in the country's economy.

Religion

Tanzania's population has been estimated to consist of roughly one-third each of Muslims, Christians and followers of indigenous religious groups. The Christian population is mostly composed of Roman Catholics, Orthodox, Protestants, Pentecostals and Seventh-day Adventists.

Zanzibar is more than 99% Muslim. On the mainland, Muslim communities are concentrated in coastal areas, with some large Muslim minorities also in inland urban areas and along the former caravan routes. There are also active communities of other religious groups, primarily on the mainland, such as Buddhists, Hindus and Baha'is.

Population

Population distribution is extremely uneven, with density varying from 1 person per square kilometer in arid regions to 134 per square kilometer in Zanzibar. More than 80% of the population is rural. The African population consists of more than 120 ethnic groups. There are also people of Arab, Indian and Pakistani origin, as well as small European and Chinese communities

Education

Primary education is mandatory and lasts seven years; at this level, classes are taught in Swahili. English is, however, the language of higher education, starting already from the Secondary school, which lasts four years. The optional Advanced Level lasts two years, and the students choose three subjects to study. Students can then decide to go to college or university.

Language

As mentioned before, in Tanzania there are more than 120 ethnic groups, and each one has its own language. Swahili is the unifying language of the country, and also the one used for official matters. Tanzania is one of the few African states in which a local language has gained importance to the disadvantage of the ex-colonial language. Since English is still the language of higher courts (and higher education), it can however be considered a *de facto* official language, in a broad sense.

Electrical Items

Tanzanian electricity runs on 230 volts, with the following three-pin plug:



SECTION B: UVIKIUTA PROFILE

Background

UVIKIUTA is a Tanzanian youth organization established in 1983, under the patronage of late Mwalimu Julius K. Nyerere, first President of the United Republic of Tanzania. UVIKIUTA came into existence as a response to the needs of young men and women to raise their standard of living. Its objectives are:

Education and skills development

- ◆ To provide opportunities for young men and women to improve their education level and to acquire skills and knowledge relevant to manage their surroundings and become self-reliant
- ◆ To offer programs supporting the academic, creative, personal and social development of young men and women
- ◆ To provide positive experiences in group participation and opportunities to build leadership skills
- ◆ To foster knowledge through innovative techniques and promote positive social changes among young men and women

Employment Creation

- ◆ To prepare young men and women for the different career opportunities that await them once they finish their studies
- ◆ To train young men and women (through short courses and demonstration centers) so that they acquire entrepreneurial and job creation skills
- ◆ To enhance the socio-economic status of the youth by engaging them in income-generating projects which enable them to realize their potential

Environment Conservation

- ◆ To promote the participation of youth and the community in environmental conservation work through sustainable planning and practices
- ◆ To engage youth in micro-interventions in environmental conservation, based on individual, group and community participation
- ◆ To settle an *Eco-village* as a model of sustainable living, implementing also various programs aimed at raising the standard of living through wise use of available local resources, indigenous knowledge and the application of alternate and renewable technologies

Vision

UVIKIUTA–Tanzania envisions becoming a youth development organization working for the young people and their communities, always promoting peace, solidarity and sustainable development.

Mission

UVIKIUTA“ s mission is to build communities that are self-reliant and able to address social and economic challenges by using available local resources. This is possible by providing holistic experience, in order to broaden minds, expand

horizons and empower young women and men and their communities to realize their full potential as productive, responsible and caring citizens.

Values

We believe that everyone is capable of learning and changing. People of different backgrounds and cultures can learn to understand and respect each other. A true development process is one ensuring that all youth have the right and opportunity to play active roles. Such a process has no room for discrimination (neither of women nor of people of any kind). It respects cultures and local realities and affirms the universal declaration of human rights. Furthermore, it helps to build a sustainable social and economic lifestyle that meets everyone's basic needs. It also respects the environment and promotes peace, justice and the dignity and equality of all human beings.

Core Projects

a) Eco-village

The Eco-village project was launched in 1999 and named after Mwalimu Nyerere to honor his inspiration on sustainable development and his vision of socialism and self-reliance. The village has been designed to emphasize the improvement in the ability of local systems to create incentives and reshape the traditional patterns of consumption, development and employment into more efficient and sustainable patterns. Current undertakings include organic farming, construction of low-cost housing, conservation of biodiversity, renewable energy practices and the building of an information center and a demonstration center for sustainable living.

b) International volunteer projects

International volunteer projects intend to provide an experience connecting service to the community, culture and professional and personal growth. These projects go beyond the familiar road of the commercial society, taking young people and volunteers outside their comforts, so that they can spend some time in someone else's shoes. Working with people of various cultures entails learning and recognition of the world we all share. The program includes international workcamps; a youth exchange program and educational tours.

c) Entrepreneurs development

The goal of this program is twofold: on the one hand, to generate income to sustain the organization; on the other, to use the projects as a model for youth employment creation. Among the income-generating activities there are projects like landscaping, gardening, livestock keeping and hiring of training facilities (hostel and conference halls/rooms). Young people from across the country have the opportunity to join different entrepreneurship trainings offered at the center and to use existing projects as a model for youth employment creation.

SECTION C: VOLUNTEER PROGRAM PROFILE

◆ Introduction

The *International volunteer projects* and the *Cultural exchange program* in Tanzania constitute a unique program involving young people, volunteers and communities. It offers a powerful vision of our society, built on our belief that youth and volunteers have a vital role to play in development and in building a more just and sustainable world community.

◆ The Program

The program is implemented by UVIKIUTA, in cooperation with various other partner organisations across Africa, Asia-Pacific, Europe and North and South America. The program is built upon the foundations of UVIKIUTA's twenty-eight years of existence and eighteen years of successful, community-based, international volunteer program with partners around the world. Thousands of volunteer young men and women have acquired through the program the knowledge, skills and altitude to become active social change agents and global citizens.

In the volunteer and exchange programs, individuals and groups join up to live and work together or independently on a project put forward by a local community. This is a personality-building and self-discovering experience. It is not only a journey through the geography of our planet, but also a journey through its many cultures. The program brings together youth and volunteers coming from different cultures and backgrounds to promote mutual understanding and lasting peace through practical actions. It is a tool to demonstrate that living and working together and sharing knowledge is not only possible but also quite rewarding. Volunteer projects provide youth volunteers and hosting communities with the opportunity to exchange experiences, and thus gain in-depth knowledge of other social, cultural and political realities and living conditions.

What to expect from the program

The projects take place in very simple but comfortable enough conditions. While most of them do not involve extremely difficult tasks, a positive attitude, flexibility and openness to new experiences are essential for every young volunteer. The volunteers who have the best time are those who most successfully adapt to their new surroundings. Although the projects and living conditions will be different from the place you are coming from, volunteers can indeed expect to eat, sleep, shower and do useful things in the community.

And last but not least: to have fun! Within the project, volunteers meet and work with people from the community and forge friendships that last much longer than the time spent together.

SECTION D: TYPE OF PROJECTS AVAILABLE IN 2012

In order to realize the objectives of the program and meet the needs of all our target groups (youth, volunteers and communities), we have designed various kinds of projects:

◆ **Short-term Projects (Workcamps)**

- Groups of 10-20 volunteers of different age and gender from more than five nationalities in Africa, Asia-Pacific, Europe and North and South America
- 2-4 weeks volunteering in a community project (e.g. environmental, related to health, educational, social etc.)
- Enjoy living in a group, having fun through work, cooking, travelling and the practice of sports.
- No particular skills or educational background are required, just to be open-minded and have curiosity, ability to share and learn and interest in meeting different cultures.

◆ **Medium-term Volunteer Projects (MTV)**

- A volunteer experience available throughout the year (from January to December), depending on the availability of placements.
- Volunteer in a community project for a period of time up to 12 weeks
- Live with a local host family or in the youth center while providing volunteer services.
- Community projects may involve working at an orphanage, on youth and women empowerment, learning Swahili, discovering the Tanzanian culture, teaching foreign languages etc.

◆ **Youth Exchange Programs**

They are unique programs involving young people from two or more countries (Tanzania and another exchange country or countries). The program comprises two phases: a first one, usually lasting at least three months, in which the youth volunteers stay in Tanzania; and a second stage, of the same duration, spent in the other exchange country.

- They bring together young people (aged 18-29) from Tanzania and (at least) another country.
- 3 months in Tanzania and 3 months in the other exchange country

- Teams formed by 18 young people and two supervisors
- Each volunteer is matched with a counterpart from the community overseas. They live and learn with their counterpart throughout the entire experience.
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◆ **Special Programs**

These are programs organized upon the request of our partners. The duration and nature of the projects and the kind of accommodation are always determined by both organizations. Examples of this class of programs are those addressed to university or high school students. Others include groups of youth or seniors, missions etc. Over the last years we have hosted programs from *Operation Crossroads* (USA), *European Voluntary Service* (EVS), *Xplore* (Netherlands), *Development Perspective* (Ireland) or *Long Beach University* (USA), just to mention a few.

What is included in each of the programs?

- Orientation session on arrival
- Highly motivated and qualified project leaders
- Educational activities organized by and for the group
- Living with a host family or in group accommodation
- Evaluation at the end of the project
- Certificate of participation or letter of recommendation, if requested

SECTION E: STRUCTURE AND PRACTICAL INFORMATION

Volunteer's orientation

◆ On arrival, all volunteers will attend an orientation session, which will last for 1 or 2 days depending on the length of their project. The aim of this session is to help volunteers to build team and also to share with them some practical information about the country, the host community and their volunteer project. The orientation session serves to draw a road map for the entire duration of the project and we believe it is of great use in order to guarantee its success.

Mid-project retreat

◆ Halfway of the project, volunteers will be brought together —outside or within the community— to reflect on their learning and experiences, so that they are better prepared for the second half of the project. It is an opportunity to review the objectives of the project and try to identify and fill potential gaps. On the other hand, this allows host families and work placements to have also some time to evaluate the experience and prepare for the second half. This activity does not take place within the short term projects.

◆ **Debriefing / Evaluation of the project**

Volunteers will also participate in a one-day evaluation session to sum up the project. The evaluation will be facilitated by the volunteers and project leaders, and sometimes also by external facilitators. One of the aims of this session is to discuss the results achieved during the project and confront them to the initial objectives, to see whether these have been fulfilled or not and why/why not.

◆ **Accommodation**

Sometimes volunteers are hosted in families within the community. Depending on the number of available host families and workplaces, more than one volunteer may be placed with the same family. Volunteers may also stay in the work placement, in a hostel or in a group accommodation. The kind of accommodation applicable to a specific project will be indicated in its information sheet.

Since volunteers come from a variety of countries, with living conditions that are probably different—to a greater or lesser extent—from the ones in Tanzania, living with a local family may constitute a new and enriching experience for them. On the other hand, the host family should ideally be willing to involve volunteers in all aspects of family-life and work. For these reasons, host families are chosen according to their interest in learning about different cultures and in sharing their lifestyle with our volunteers.

The volunteers' time is divided between their commitment to work placements, educational activities, activities within the host family and free time. Volunteers are encouraged to contribute wherever possible to the life of their host community and to learn as much as possible from their environment.

Volunteer placement

We regard our program as a non-formal educational one. For the volunteers, the family and the community constitute the classrooms. The interaction with the local people and all the experiences the volunteer lives within the **community**, provide chances for a tremendous amount of learning.

Although volunteers will be involved in many activities during their stay in the community, one of the most crucial parts of the experience takes place in the work placements, since they allow volunteers to gain invaluable insight into the community and its people. Work placements provide both an overall focus for the project and a major foundation upon which the total experience is built. The aim of the work projects is not to enable volunteers to acquire specific skills, but rather to expose them to situations and environments of general interest and utility. Nevertheless, if you get some skills by working in the project that will indeed only help you in the future!

Past experience has shown that the greater the responsibility and challenge, the greater the potential for learning. All volunteers are expected to display flexibility, commitment and initiative. Most projects imply some simple work to be done, and the volunteers will work for a number of hours appropriate for their workplace. In cases where the project involves less than a full working day, volunteers are expected (with the help of their project leaders) to look for additional activities in order to increase their involvement and hence their understanding of the host community. To try to avoid any misunderstanding about what the volunteers will be doing, a plan indicating the goals of the project and how they are to be realized has been designed ahead of time. Volunteers are advised to sit with their project leaders to understand their positions and what is expected from them before starting the work.

When to apply

Any interested volunteer should submit his/her application to UVIKIUTA through our partner organization in his/her country sufficiently in advance. Specifically, volunteers intending to stay for a period of more than 4 weeks must apply at least sixty (60) days before the expected starting date of the project. For volunteers staying less than 4 weeks, the application deadline is 14 days before the expected starting date. Placements will be confirmed provided that there are vacancies in the requested project.

Language

Swahili (in Swahili: *Kiswahili*) is the national language, and thus the one spoken by most of the Tanzanians. Knowing a few words and phrases in Kiswahili is highly appreciated by the locals. In the projects, people will be able to communicate well in English. A large number of people in Tanzania are able to conduct a basic conversation in English. It is very important that volunteers can communicate in English in order to make the most of their volunteering activities. Nevertheless, in some projects English language skills are not essential, so we also encourage volunteers that are not so comfortable with English to apply.

Documents to be submitted during the application

Applicants should submit the following documents. In the case of medium- and long-term volunteers (those coming for more than 4 weeks), these documents will be used to apply for the compulsory Class C permit. Please note that volunteers coming for less than 4 weeks NEED NOT consider number 4 below:

1. Application form (to be provided by the sending organization)
2. Copy of the valid passport -only the page(s) with personal details-
3. Curriculum vitae and motivation letter
4. Copies of academic certificates (a translated and certified English version is required if the original documents are not in English)
5. 5 recent passport size photographs
6. Signed copy of the volunteers' Code of Conduct and Participation Agreement (Find it at the end of this document)

Program fees

The following rates will apply to UVIKIUTA projects in the year 2012

| Duration 2 | Amount in € | Comments |
|-------------------|---|---|
| weeks 3 | 200 | |
| weeks 4 | 250 | |
| weeks 5 | 350 | |
| weeks 6 | 400 | |
| weeks 8 | 450 | |
| weeks | 550 | |
| More than 8 weeks | <i>60€ extra for each additional week</i> | <i>Applicable only to volunteers staying over 8 weeks</i> |

Note: The fees indicated above do not cover:

- The cost of transport from the volunteers' home community to the project and return
- The cost of the visa, or any other expenses related to immigration or any official procedures.
- Any medical expenses
- Pocket money
- Free-time activities
- Food and accommodation before/after the project or outside the designated place for the project.

SECTION F: VOLUNTEERS' POLICIES

Introduction

Over the years, UVIKIUTA and its partners have tried to maximize the volunteers' learning experience by continuously evaluating the program. Assessments of the program have been based upon recommendations made by volunteers, project leaders, host communities and sending organizations. The program has evolved and improved as a result of these evaluations.

One very clear conclusion of these continuous reassessments is that an international volunteer program demands self-discipline, understanding and maturity. UVIKIUTA and our partners have thus established responsibilities for the volunteers. Volunteers who accept them can expect a challenging, thought-provoking and rewarding experience. On the other hand, disregard for any of

these responsibilities seriously impairs the opportunity to have a successful experience and could result in dismissal of the volunteer from the program.

The success of the program ultimately depends on the mutual respect displayed by the volunteers (in words and actions) amongst themselves and also towards the members of the host community. Unilateral decisions made by an individual or an individual group of people can jeopardize an entire program. It is often impossible for volunteers, during the relatively short period of their involvement in a project, to foresee or even comprehend the repercussions that their behavior and conduct may have over the entire volunteer program. Thus, volunteers must join the program fully in accord with the responsibilities and program policies.

Volunteers' code of conduct

Volunteers are obliged to respect the volunteers' code of conduct established by the organization and described below:

a) Safety

- ◆ Volunteers will not to act in any way that could put themselves or others at risk of any kind
- ◆ Being under the influence of alcohol interferes with the ability to deliver services, and therefore is not acceptable.
- ◆ Volunteers are expected to show respect in the use of all equipment of their host project and apply it in the way intended.
- ◆ Volunteers are also expected to make use, when necessary, of any safety equipment that might have been provided
- ◆ Volunteers will follow all instructions and procedures at all times, to the best of their ability
- ◆ Volunteers will promote healthy and safe work practices by ensuring that their co-workers adhere to a similar approach and by taking appropriate steps in relation to those who do not follow these requirements

b) Legal

- ◆ Volunteers are expected to respect all the organizational policies of the host organization
- ◆ Volunteers must comply with Tanzanian law
- ◆ Volunteers must not consume illegal substances. Failure to comply may result in immediate expulsion from the program and/or arrest

c) Respect and Integrity

- ◆ Volunteers are expected to promote integrity by being responsible, honest, fair and respectful to others

- ◆ Volunteers must always respect the fundamental rights, dignity and worth of all people. This includes, in particular, the right of each individual to privacy, confidentiality, self-determination and culture
- ◆ Volunteers are responsible for maintaining the confidentiality of all proprietary or privileged information to which they may have access while serving as volunteers. That includes —but is not limited to— information regarding staff members, other volunteers, the organization or third party.
- ◆ Volunteers should always use the resources of UVIKIUTA and the projects in an appropriate manner
- ◆ Volunteers must respect and take good care of the accommodation provided for their use during the family stay and the orientation, mid-project and evaluation sessions.
- ◆ UVIKIUTA needs to be kept informed through the project leader about the whereabouts of the volunteers during the time of the project. It is compulsory to inform and ask for permission to the project leader before undertaking any kind of travel, especially when that implies leaving the host community.

d) Commitment to the program

- ◆ Volunteers carry responsibility towards the organization and should demonstrate willingness to adapt to their surroundings and carry out the agreed tasks. During the project you will be involved in activities of various interest and importance. Please note that, while some of the tasks and requirements may seem routine or self-explanatory, they are still important for the smooth running of the organization and the project. Volunteers are expected to complete the tasks and comply with the rules
- ◆ Volunteers are expected to strive to maintain high standards of competence whilst working. Please admit and communicate to your supervisor the limitations of your particular competences and expertise
- ◆ Volunteers must attend all the activities and training sessions that have been arranged for the implementation of the program.
- ◆ Volunteers will stay in the project for its total duration, unless there are valid reasons for leaving before. These reasons should be discussed with UVIKIUTA and the sending organization before actually leaving the project. UVIKIUTA cannot be held responsible in any way for volunteers who decide to leave their project without previously discussing the matter.
- ◆ Volunteers who wish to leave the project early must notify UVIKIUTA and the sending organization their intention to withdraw from the program through the project leaders and by means of the appropriate formal documents.

e) Complaints

- ◆ Volunteers have the responsibility to maintain contact with their project leaders and to seek guidance when necessary
- ◆ Any concerns and challenges should be discussed. Please note that the organization can only act to try to solve a problem when it is aware of its existence.

f) Representing UVIKIUTA

- ◆ Prior to any actions or statements that may significantly affect or obligate UVIKIUTA, volunteers should seek consultation and approval from relevant staff. These actions may include —but are not limited to— public statements to the press, coalition of or lobbying efforts with other organizations, or any kind of agreement involving contracts, resources, finances or other obligations.

Non-Discrimination Policy

UVIKIUTA and our partners may not deny individuals the opportunity to participate, nor otherwise subject them to discrimination, on the basis of race, national or ethnic origin, color, religion, sex, age or mental or physical disability. However, we may not permit the selection of individuals unable to meet the requirements (including state of health) of their intended role in a given program.

PARTICIPATION AGREEMENT

CONTRACT TO PARTICIPATE IN THE PROGRAM

1. I, (Volunteer) _____, have read and understood the information about UVIKIUTA“ s program and the *Code of Conduct* and accept their content. I have paid special attention to the section concerning the project requirements.
2. I will respect my living conditions, whether in a host family, private apartment, communal/group accommodation or living within the project.
3. I will be flexible with regard to the placement and will not refuse to stay in a project due to its geographical location.
4. I will not seek or accept paid employment during the project.
5. I will arrive on time to the project and stay until its end (unless there are reasons accepted by UVIKIUTA and the sending organization).
6. I will attend the compulsory orientation, mid-project evaluation and final evaluation sessions.
7. I understand that I can only travel before or after the project. Travelling during the time of the project can only be done with the consent of UVIKIUTA.
8. I will return to my home country after the program. If I fail to do so, I understand that UVIKIUTA is obliged to inform the authorities about my whereabouts.
9. I understand that volunteer projects are not traditional package holidays, where timetables and arrangements can be clearly defined at all times.

Some changes in the program may occur depending on the needs of the hosting communities.

10. I understand that most of the projects are not accessible for people with disabilities, although some projects do have the necessary facilities. People with disabilities interested in joining a project must contact UVIKIUTA (or our partner organization in their country) prior to the start of the application, in order to get confirmation of its accessibility.
11. I understand that I am expected to perform the tasks and duties foreseen for the implementation of the project and to facilitate the day-to-day running of the project on an equal basis as the other volunteers and under the direction of group leader(s) and local staff.
12. I do agree that any pictures taken during the project (including pictures on which I may appear), as well as any photos and/or written statements provided by me, may be used by UVIKIUTA in its promotional materials (including webpages, Facebook etc.) in order to present and promote the organization's volunteer projects and activities.
13. I am aware that neither UVIKIUTA nor our partner organization abroad are responsible for any loss, cancellation, damage or injury arising as a consequence of natural disasters, weather conditions, fire, computer or systems failure, acts of war, terrorism, civil unrest, confiscation by or under the order of any government or public local authority, or any other circumstances beyond our control.
14. I am aware that UVIKIUTA does not provide insurance covering me or my possessions and that I am advised to provide myself with appropriate health, accident and travel insurance for the entire duration of the project. UVIKIUTA is not liable for the loss, wear or damage to any personal items.
15. It is my responsibility to ensure that I fulfill the requirements and have the necessary travel documents —e.g. passport, tickets, appropriate visas and vaccinations— in order to enter and stay in Tanzania.
16. I am aware that I have to assume the cost of the travel to the project community and that UVIKIUTA provides board and lodging for the volunteers free of charge. Any other personal expenses are my own responsibility.
17. I do agree that any information given by UVIKIUTA on healthcare, vaccinations, climate, clothing, equipment, conditions and other matters is given in good faith but without responsibility on its part. It is my responsibility to check the specific rules and regulations concerning my travel to Tanzania.
18. I hereby confirm to agree with the volunteers' responsibility policy of UVIKIUTA, enforcing the volunteers to:
 - Respect the Tanzanian laws**, in particular those regarding the use of illegal substances, legal drinking age (18), sexual harassment, shoplifting, discrimination etc.
 - Promote health, safety and security** (preventing illnesses, hygiene), for the benefit of others and my own. When using

machinery or motorized vehicles, I will do so carefully and with the collective safety in mind. I am responsible for my own insurance coverage during the project and my entire travel.

- Be a positive and responsible participant:** I commit myself to learning and participating. I will participate in and integrate myself into my host community and culture and adhere to the mission of UVIKIUTA and my sending organization.

19. I hereby release, waive, discharge and covenant not to sue UVIKIUTA, any of its subsidiary or affiliated programs or organizations, any of its in-country partners or in-country staff or any of their representatives (hereinafter referred to as releases) from any and all liability claims, demands, actions, and causes of action whatsoever arising out of or relating to any loss, damage or injury including death, that may be sustained by me or any loss or damage to property owned by me, as a result of my participation in UVIKIUTA program or my travel to other destinations. I hereby agree to indemnify and save and hold harmless the releases and each of them from any loss, liability, damage, or costs they may incur as a result of my travels. It is my express intent that this release shall bind members of family and spouse, if I am alive, and my heirs, assigns and personal representatives, if I am deceased, and shall be deemed as a release, waiver, discharge and covenant not to sue the above-named releases.

20. I have read and understood the above contract and agree to adhere to its content.

| | | | |
|-------------------|--|-----------------------------|--|
| First Name: | | Second Name: | |
| Date of Birth: | | Place of Birth: | |
| Nationality: | | Sending Organization: | |
| Passport No.: | | Passport issued date/place: | |
| Project Code: | | Location: | |
| Project Duration: | | | |
| Signature: | | | |
| Date: | | Place: | |

If you are interested in this program and would like to find out about more
please contact Kamila Zbuzková at ltv@inexsda.cz

